

HONEY - SOY MINI BEEF ROAST

INGREDIENTS :

1kg beef roast
5 tablespoons soy sauce
2 tablespoons honey
20g mixed Italian herbs

PREPARATION :

Marinate beef in a mixture of soy sauce, honey and mixed herbs. Make incisions into the beef to allow the marinade to penetrate further into the meat. Once the meat is almost cooked, lower the meat closer to the heat to crisp up the outside.

HOT TIP

Heat the honey until soft so it mixes well with the other ingredients



Cook Time 

2.0HRS.

IMAGE BELOW

Perfect dinner for
2 -4 people

